

## Fats Off

*The Universal Contour Wrap*



Don't get a mother started about her post-baby body. We've got a name for (and a complaint for) every weathered and worn bit: chicken arms, saddle bags, chin waddles, love handles, mummy tummies, muffin tops, arm pit swag and more... But what if we told you that we've got a guaranteed solution to improve these much-loved mommy parts?

Several years ago, Burnaby-based Body Beautiful Canada introduced the **Universal Contour Wrap**, affectionately known as the UCW, to spas in North America and, since then, it's been helping to firm and tone mothers' skin everywhere. The UCW promises to take six inches off, regardless of your size and shape, in just one wrap treatment or it's free (treatments run about \$175). We're not suggesting that you retire the sneakers, but the average loss is 10 to 14 inches from just one treatment (and we've still got the clay between our toes to prove it). This six inch loss is guaranteed to stay off for at least 30 days, or you will be re-wrapped for free. With claims like these, it is no wonder that the [UCW](#) is a red carpet secret (just ask Paula

and Paris).

So, what's the skinny on this wrap? The UCW is a detoxification treatment that involves a person being wrapped in about 30 tensor bandages soaked in a special warm sea clay concoction from head to toe. But before you are wrapped, 21 points all over your body are measured (yes, completely naked) and you also get weighed. Sound fun yet? While you relax mummified for one hour, the UCW removes toxins (like caffeine, nicotine, and alcohol) from your body by causing a purge of these pollutants, which accumulate in your fatty tissue, through your lymphatic system. When you are unwrapped, you are re-measured to show how much your fatty tissue has been compacted, and you are weighed to prove that you have lost nothing in water weight. While the result isn't stark, your clothes will feel looser.

More than [30 spas](#) in the Greater Vancouver area are now certified to perform the UCW. The UCW is also available online from [Body Beautiful Canada](#) as a home care kit. The kit is designed for "touch ups" or for those wanna-wrappees who do not have a certified spa nearby.

There aren't many guarantees in life. With the UCW, you've got both everything and nothing to lose.

### How to Find

Body Beautiful Canada  
[www.bodybeautifulcanada.com](http://www.bodybeautifulcanada.com)

### Tested By

[Sheila C. \(10.2 inches lost\), North Vancouver](#)